

The fastest growing sport in North America

Le sport qui affiche la croissance la plus rapide en Amérique du Nord

[www.pickleballcanada.org](http://www.pickleballcanada.org)



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October 2017



## President's Message by Val Vollmin

Summer pickleball is winding down and our players will either be heading south or indoors to play some pickleball. It has been a tremendous year of growth for pickleball in Canada and for Pickleball Canada.

Most of you know that our goal was to hit 5000 members this year and we are currently over 7000 with 10,000 now in sight.

We are thrilled to see the new courts that continue to pop up across the country and new places to play are added regularly. I believe that our cities and municipalities now see that we are growing and here to stay!

Pickleball Canada is pleased to welcome our very first Ambassador from Newfoundland, Leonard Lye! We truly are a National organization with members from coast to coast!

Please continue to send us what is happening in pickleball in your areas, so that we can add these articles to our newsletter. To have your stories and pictures included please send them to [news@pickleballcanada.org](mailto:news@pickleballcanada.org)

Thank you to all you dedicated pickleball players who work hard to teach the game and grow the sport in your communities! That is why we are seeing the tremendous growth across the country.



## Message du président, Val Vollmin

La fin de la saison de pickleball approche et plusieurs de nos joueurs se rendront soit dans le sud ou à des terrains intérieurs pour continuer de jouer.

Ce fut une année de croissance remarquable pour Pickleball dans le Canada et pour Pickleball Canada.

Plusieurs savent que notre but cette année, était d'avoir 5000 membres, et présentement nous sommes 7000 ... 10,000 membres est à venir.

Nous sommes heureux de voir les nouveaux terrains qui apparaissent à travers le pays et que de nouveaux endroits pour jouer s'ajoutent régulièrement.

Je crois que nos villes et municipalités voient que nous sommes ici pour rester.

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## **Board of Directors 2017-2018**

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president@pickleballcanada.org

**Marg Ouimet**, VP Operations

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**Chuck MacDonald**, Tournament Chair

tournaments@pickleballcanada.com

**Les Franke & Nikki Franke**, Ratings Chair

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**Kevin Rogers**, Membership

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**Gary Marcellus**, gmarcellus@shaw.ca

**Doug Thomson**, douglas.j.thomson@shaw.ca

### PC Council—Canadian Regional Board Members

**Alan Thompson**, Atlantic Canada

alanthompson@planyourbenefits.ca

**Marcel Limieux**, Quebec

dg@pickleballquebec.com

**Jim Parrott**, Ontario

ontariodirector@pickleballcanada.org

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## ***VOLUNTEERS NEEDED***

If you are passionate and enthusiastic for the sport of Pickleball and have some time to spare send us your resume with areas of expertise and interest. We are looking for assistance in the following areas:

Operations , Development, Interprovincial Affairs, Training, Communications/Marketing, Newsletter, Web Support, National Sport Organization experience, and Project Management.

Please contact:

Linda Cork, Pickleball Canada HR/Volunteer Committee Chair at humanresources@pickleballcanada.org

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## ***Provincial & Territorial Ambassadors***

**AB - Brenda Feser:**

PCOprovincialambassadorAB@gmail.com

**BC - Walter Knecht:** walterknecht@shaw.ca

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and

- **George Rodrigue:** gdrodrigue@gmail.com

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- **Dave Bussiere:** thedavidbussiere@yahoo.ca

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### **Message du president, Val Vollmin, cont.**

Pickleball est fière d'accueillir notre premier ambassadeur de Terre Neuve, Leonard Lye.

Nous sommes vraiment une organisation nationale avec des membres à travers du pays.

Svp, continuez de nous envoyer les nouvelles de Pickleball de vos régions afin que nous puissions ajouter ces articles dans notre bulletin d'informations. Pour faire publier vos articles et photos, svp, les faire parvenir @ [news@pickleballcanada.org](mailto:news@pickleballcanada.org).

Merci à vous tous — joueurs dédiés de pickleball qui travaillez pour enseigner le jeu et pour faire grandir le sport dans vos communautés. Voilà pourquoi nous avons une croissance énorme à travers du pays.

### **Grip 'n Rip Results**

The Grip 'n Rip sanctioned tournament was a huge success on both play days, despite the men's and women's doubles events being postponed to the following weekend due to rain. This just meant that we had our fun spread out over two weekends instead of one and our Tournament Director had his hands full with this bunch of 138 enthusiastic pickleball players!

A lot of exciting matches were played but one stood out, the very last one, of course!. Men's doubles 4.0, George Kitagawa & Greg Grasher vs. Eric Kozak & Braydon Latray the latter better know as the 'Juvenile Delinquents'. The best in dinking was brought out in all the players with one rally going 52 shots! Great Pickleball playing! MD4.0 Gold went to George & Greg! Congratulations to all the players and the medalists! We are already looking forward to 2018!

Results can be viewed on the website—<http://surreypickleball.com/grip-n-rip>

Women's Doubles 3.0



Translation compliments of Rita Rioux

### **Pickleball Canada welcomes all pickleball submissions.**

Please send your text with a maximum of 200 words by the first day of the publication month to the Newsletter Editor. If sending images or photos to include with your article, please use a file size image of no less than 300 dpi.

Editor: Wanda Cassidy

[news@pickleballcanada.org](mailto:news@pickleballcanada.org)

## Pickleball on Main Street in Southey, SK

Southey is a small southern Saskatchewan farming community of 778 people located 55 kilometres north of Regina and is named after a famous English poet, Robert Southey. The streets are named after other British poets such as Keats, Browning, Burns, Byron, Coleridge, Frost, Kipling, Milton and others.



Brenda Fry, the recreation coordinator wanted to see if there was enough interest in Pickleball to pursue a Pickleball program and enlisted the help of two Pickleball Canada members, Reg Dumont and Karen Wallace as well as a local pickleball player, Joyce Rieder.

With no facilities to play in, the 'orientation to pickleball' was being held on main street, Keats, and in the Memorial Hall, and 14 people showed up! Keats Street, was cleaned and 2 courts were taped off and 1 other court was taped off inside of the Hall. Playing a strange game called pickleball on the main street beside the bar is definitely one method of getting noticed. The game became the talk of the town. One week later we were back in Southey putting on the same clinic for

an additional 12 new persons. This time due to a thunder storm we moved inside the community skating arena. And the interest grew.

Another two weeks went by and we were back in Southey for a third orientation to pickleball with another dozen new players. Following a couple of sessions strictly for the persons who had become addicted to the game of pickleball, there was a fourth orientation to pickleball and a different session for the more experienced players. Southey now has 46 people who are pickleball players, 6% of the communities population.



After several weeks of play it is very clear that the skill level has increased and people are beginning to master the serve, return, scoring, going to the non-volley zone and getting into position ready for the dinking game. But most rewarding is to see the level of enjoyment, hear the laughter and the good-natured teasing. In Southey, all good games end with the traditional paddle butt shake and an invitation to join the group for a beer. Brenda now has her answer; there is sufficient interest in Southey to hold a pickleball program. There was question about holding a non-sanctioned tournament on the main street of Southey. Plans are developing for fall and winter pickleball play in the school gym. Through Pickleball Saskatchewan, Southey will soon become the next member of Pickleball Canada!

Submitted by Reg Dumont



Let's play  
Pickleball!



**National Pickleball Day a Huge Success - Canada participACTION!**

Letter to the Editor, Comox Valley Record

The Gods were with us and the rain held off! On Sunday, August 13<sup>th</sup>, Comox Valley Pickleball Association celebrated National Pickleball Day with a goal to get 150 people out in celebration of Canada’s birthday and participACTION 150. We succeeded in attracting close to 150 players of all ages and levels of play, including first time players ranging from children with their parents and some seniors.

The six tennis courts at Lewis Park in Courtenay were taped to create 12 pickleball courts and the two practice courts were used for teaching. After their lessons the newbies joined in with the more experienced players and everyone thoroughly enjoyed themselves. It was a FUN day as players of all levels came together for some games and a chance to socialize and see old friends and to meet new ones.

A thank you to Courtenay Recreation for the use of the tennis courts and a big thank you to Royal LePage Real Estate for so generously providing and setting up a tent for our use. Also, thank you to all who joined in so enthusiastically to make this a great event.

Learn more about the fastest growing sport in North America at [cvpickleball.ca](http://cvpickleball.ca).

Submitted by Deborah Houston



Pictured on right:  
Bud Hauser, our oldest Comox Valley Pickleball Association member, is teaching the children how to play pickleball!



National Pickleball Day held Stratford, P.E.I. We had 17 players come out and Souris also had 17! Lots of other locations across the province participated in this event as well!

Submitted by Bruce

## ***Pickleball is GROWING!*** *Introducing Pickleball to Malaysia*

Garry Morehouse is going to visit his daughter in Kuala Lumpur, Malaysia for the month of November. Pickleball doesn't exist in Malaysia but he hopes to arrange some games and now that Manta is giving him some paddles to take with him, playing in Malaysia just got easier!

Garry's daughter, Shontelle will set up a Facebook page to seek players that Garry can train and play while there. Garry and his partner Jean Clark won a silver medal in a Mixed Doubles 65+ Ontario Canada Regional tournament.

Malaysia has strong badminton activities and have won several medals in the Olympics. Kuala Lumpur has four Sports Arena Branches and they offer free court time on their premium badminton courts Garry's forte was badminton and says that the transition to pickleball is an easy one.

These premium badminton courts will be great to play pickleball on, with the rubberized flooring and they have used the latest technology of breathable walls for ventilation.

It will be rewarding to introduce Pickleball to Malaysia with the growth of the sport in many countries for all ages and athletic abilities.

Garry is a Founding Director of the Midland Area Pickleball Club (MAP) and a member of Pickleball Canada and the Pickleball Association of Ontario.

Submitted by Garry Morehouse



### ***Canada Pickleball Nationals 2017***

Check out the videos recorded by Victor Zhekhovskiy from 2017 Pickleball Canada National Tournament in Kelowna, BC. You may find yourself in one of them!

Organizers and volunteers did a lot of work and it was a huge success and we were left with a very positive impression.

There is a whole playlist to watch, and I hope our Pickleball fans will enjoy watching videos from the Canada Pickleball Nationals 2017.

<https://www.youtube.com/playlist?list=PL9TJE9hBOuLr56uXfJgIcIFBgIcBU9Zyl>

Submitted by  
Victor Zhekhovskiy (=Jehovskiy)



## So You Want to Run a Tournament

### Communications

The primary software used for Pickleball tournaments is a web based application available through Pickleballtournaments.com and as a result of being web based you will need uninterrupted internet access. Conveniently, many of the venues where Pickleball is played have guest Wifi for those of us who are addicted to FaceBook, Snapchat, LinkedIn and email. *But if your plan for your tournament includes the guest wifi...STOP!!!*

The primary reason to NOT use guest wifi is very simple, it is not meant to service 100+ users and that's what you will likely encounter at your tournament. These Guest services are meant to service 5-10 users who are transient through the location for routine service like email and social media posts but not streaming video. Likely, your setup will work perfectly when you test it on your set-up day; however, set-up day doesn't have the crowd of players and spectators. In my humble opinion, the risks to the success of your tournament are too great to have your Wifi internet service interrupted for periods of time during the event.

### Considerations

For the Eastern Canadian Regional Tournament, I was faced with exactly this situation where I had guest access and no Internet Service Provider (ISP) who would provide a short term access point for the tournament. I first considered using my iPhone but a Tournament Director needs their phone easily accessible. My next consideration was to check with Bell, Rogers and Telus for short term options and I found none acceptable.

### A Good Solution

I then turned to Roam Mobility, a Canadian company specializing in communication services throughout the world and found their Mobile Wifi solution to be exactly what I was looking for! The service is available for a variety of data usage and allows 20 users. I settled on the daily 500Mb service which is more than adequate and provided for \$9.95 per day. I decided to rent it for a week because I wanted to test the service so I wasn't going to be surprised the day of the tournament, I also paid a premium to have it shipped quickly. The other cost was a Security Deposit of \$150 which was promptly returned when the device was returned. <https://roammobile.com/collections/canada-travel-wifi>

*IMPORTANT:* this is a cellular device which works through cellular networks. So if you are in a location without cellular service this is not what you want!

### What Did I Get

I quickly received a confirmation of my order which was followed by a series of emails that allowed me to track the package right up to the point of delivery. Two days later the courier arrived with the package that conveniently had a prepaid return envelop already addressed for Canada Post.

The Device arrived in a case with very easy to understand instructions and a charger. I found that the device would work for the full 10 hour day on battery so only charged it overnight.

### Operations

The device operating instructions are very easy to follow! Turn on the device and once it is up and functioning (15 seconds) the password is displayed. Go to your computer(s) and "discover" this Wifi device and enter the password. DO NOT SHARE THE PASSWORD with ANYONE and I speak from personal experience as it will come back to bite you at the least opportune time.

Once the device is up and your computers are up, you are running a tournament! The Eastern Canadian Regional Tournament ran without interruption to the service during Set-Up Day and all 3 days of the tournament. Players were



## Another volunteer gets "Thanks"!

Dear Colin Caldwell,

Please accept our sincere gratitude for all your help over the past three years. You've been a valuable and important part of the Tournament Desk. I know Krista Kunz is so appreciative of all the assistance you've given her.

The 2017 Pickleball Canada National Tournament at Parkinson Recreation Centre was a tremendous success, thanks in part to your efforts. The tournament was filled to capacity with over 430 players that came from across Canada, USA and Mexico to compete. We were able to showcase some of the top level players in the world, not to mention many participants from the Okanagan.

Again, thank you for keeping the computers running and solving any issues that came up. You were a calming effect and a great asset to the team.

Sincerely,  
Lana Nunweiler,  
Co-Chair Tournament Director,  
VP - Pickleball Kelowna Club



Colin is on the right



## So You Want to Run a Tournament, cont.

routinely able to see their brackets, court allocations and progress of the events using their own devices and without affecting the tournament operations.

### It's All Done

As I previously indicated the device arrived with the return envelope and after the tournament I placed the device back in the case, into the prepaid envelope and took it to Canada Post. I asked for a receipt so I could track it and was given a confirmation it was in the hands of Canada Post. A few days later I received an email from Roam Mobile indicating they had received the device and a few days after that another indicating the security deposit had been credited to the card I had used for the transaction.

### Results

As a consumer, I would say this was excellent service and I would absolutely use Roam Mobile again. They allowed me to have the confidence that the crucial communications for the tournament would operate without interruption and guarantee that the players would have a great experience and the play day would not be extended unnecessarily due to 'technical difficulties'.

**HIGHLY RECOMMENDED SOLUTION!**

Submitted by Chuck MacDonald



## ***Might as well face it... "you're addicted to Pickleball!"***

I got hooked on pickleball in January 2016 when my wife and I dropped into the Sarnia Ontario senior center to give it a try. That spring we went to Florida where we learned how to "play properly" and also attended the first ever US Open Pickleball Championships in Naples Florida!

When we arrived home that year in May it became very apparent in Sarnia, we needed someone to lead the way in advancing both the growth and proper teaching of the game. I put my many years of being a training coordinator for Nova Chemicals to good use by putting together the first "Learn To Play Pickleball" course by using USAPA / Pickleball Canada, teaching guidelines as well as various u-tube skill video's, etc.

Over 80 players have taken this course currently offered at our local senior center!

This past April I played in the US Open as well as two other tournaments in the US and happy to have placed third in Men's 3.5 open in one of them.

Unfortunately the following week, while playing in the largest Ontario tournament ever in Hamilton I fell in the semi-finals and broke my wrist. Now that the cast is off, although rehab is slow and painful, I am now a 'lefty' when I play! I'm almost as good as when I was playing right-handed, so may stay a lefty!

Besides still going to rehab, I continue to play 3-5 times per week, teach clinics, coordinate pickleball events, and I am working with the city to build courts. I soon hope to be a Canada Pickleball Ambassador for the Sarnia Lambton County area!

### ***Addicted or what!***

Submitted by Wayne Spitzig



Share photos and stories of your pickleball addiction...send to [news@pickleballcanada.org](mailto:news@pickleballcanada.org)

*Upcoming Tournaments in Canada*



Penhold, AB

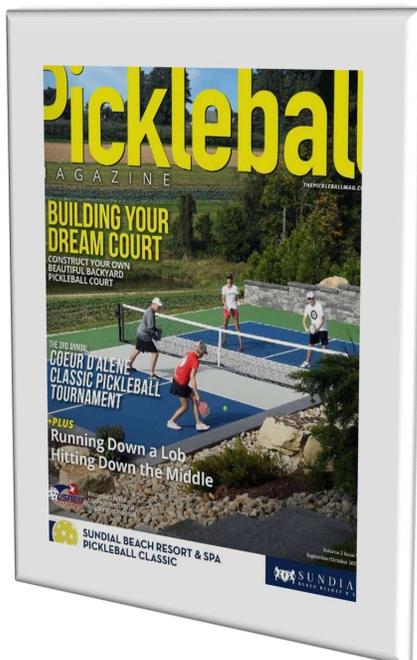
**ALBERTA**

**BRITISH COMLUMBIA**



Click on the icon to go to that tournament.

Check out [Pickleballtournaments.com](http://Pickleballtournaments.com)  
For past/present/future sanctioned tournaments



We hope you enjoy this issue of Pickleball Magazine, your comments and feedback are always welcome. To access this issue, just click the magazine image.

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[www.pickleballcanada.org](http://www.pickleballcanada.org)

Membership Information

## PICKLEBALL CANADA

### Membership and Renewal

To renew or join follow the steps outlined on the PCO website:

[www.pickleballcanada.org](http://www.pickleballcanada.org)

or:

Please print and complete the forms that are available on the PCO website and mail with your payment to:

## PICKLEBALL CANADA

P.O. Box 537

Eckville, AB

TOMOXO

One Year \$12.00

Three Years \$32.00

Five Years \$50.00

Club group rates are available with a 20 members minimum.

Contact:

membership@  
pickleballcanada.org

Website

Matthew Giancola

webmaster@pickleballcanada.org



## *Need an experts advice? Straight from Jennifer Lucore's Blog*

### *Get your Serve and Rhythm and Get Better*

Rhythm – some players have it; some players don't. Improve your service rhythm and you could get better! A rhythm or routine for your serve can drastically improve your serve's consistency, power and placement. This can apply to any skill level, and once you master your rhythm it will become second nature – and a habit you are happy to have.

Your serve's rhythm comes with several sequences to complete the shot.

#### Step One

As you approach the baseline to serve – decide in your head EXACTLY where you will be placing the ball and what type of serve you will use. So the bubble above your head says "I am serving a power serve deep to their backhand." Once that mental note is made – you turn off your brain and you know that exact serve will happen because you've done it hundreds of times – your muscle memory takes over. There are a variety of serves and one great video to show you a few is on "[Pickleball 411](#)".

#### Step Two

Now you're on the line and your opponents are in place.

#### Step Three

You or the referee says the score (wait for the entire score to be called!).

#### Step Four

Take a breath, RELAX (be in a relaxed state before you go to contact) and wait about TWO SECONDS to serve. Do not rush. When you rush, errors get made. Remember: you have 10 seconds to serve the ball after the score is announced. Another video from Pickleball Channel shows just this: Pickleball Quick Tip – [Two Second Rule](#).

#### Step Five

Start your service motion. For us, we start our service motion by first hitting the ball on the ground once or twice and catching the ball. Then we start the actual swing to hit the ball. You may have seen Alex's additional motion – she actually takes 2 steps as she's hitting the ball. Jennifer just shifts her weight from her back foot to her front foot as she swings. Find the motion that works for you and practice your rhythm.

#### Step Six

The sequence is now complete. Practice these steps, do them a hundred times, get your rhythm, and watch your serve improve... so get rhythm and get better!

Jennifer's website is a great source of information!

<http://www.allpickleball.com/jennifersblog/get-rhythm-and-get-better/>

### *Drills and Strategies*

This fun drill was found on 'Funattic.com' - how fun is that name!?

Dinking, is it really that important to know this skill—YES!

Direct from Funattic "You cannot be a great pickleball player unless you can dink well."

<https://funattic.com/pickleball-drills.htm>

Send your favourite drills & strategy info/links to

[ambassadorchair@pickleballcanada.org](mailto:ambassadorchair@pickleballcanada.org)

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