President's Message - Dave Shepherd

Pickleball continues to be the fastest growing sport in the world!!! Canada and USA have over 100,000 pickleball players. Pickleball is now played in many other countries including India, Mexico, Spain, Netherlands, Ireland and the United Kingdom.

2013

Pickleball Canada held its 2nd National Championship in July.
USAPA held its Nationals V in November.
India held its 1st National Tournament in December.

2014

The 3rd Annual Pickleball Canada National Open Championship will be held in Abbotsford, BC in July 4 - 6.
The USAPA Nationals VI will be held in Buckeye, AZ in November.
The first International Pickleball Tournament will be held in Amsterdam, Netherlands in May 16-18.

Pickleball Canada is very pleased to announce that our member numbers have increased from 700 to 900. Pickleball Canada now has six affiliated clubs adding a total of about 300 new PCO members in our Club Membership Program.

These are the six Pickleball Canada Affiliated Clubs:
Nanaimo Pickleball Club, Nanaimo, B.C.
Thompson Okanagan Pickleball Enthusiasts, Osoyoos, B.C
Kamloops Pickleball Club, Kamloops, B.C.

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East Dartmouth Community Centre Pickleball Club, Dartmouth, Nova Scotia
Collingwood Pickleball Club, Collingwood, Ontario
Fraser Valley Pickleball, Fraser Valley, B.C.
A very warm welcome to all our new members and affiliated clubs!!

There are many other new clubs and groups being formed all over Canada such as Vernon Pickleball Club, Vancouver Island Pickleball Association, Pickleball Chilliwack, Oceanside Pickleball Club, Pickleball Saskatchewan, Nova Scotia Pickleball Association, London Pickleball Club and many more.

Pickleball Canada members receive many member benefits including newsletters, tournament points, ratings and $5.00 discounts on each of these PCO sanctioned tournaments: The Nationals in Abbotsford, BC, Mission, BC, Rosedale, BC, Osoyoos, BC. There are 7 PCO sanctioned tournaments in 2014 which include Kelowna and Nanaimo, BC and Oshawa, Ontario.

Pickleball Canada would like to thank all our members for their support of Pickleball Canada!!! Your support is greatly appreciated.
Henry Scores Big!—800 Points in 2013

Henry Meerkerk, is Chilliwack, BC’s pride and joy. He continues to dominate and he is a nice guy too! Henry won a gold medal at the 2013 Canadian Pickleball National Tournament July 6-7th, in the Men’s Doubles 65+ and a bronze medal in the Mixed Doubles 65+. He also entered the BC Senior Summer games in 2013 and came away with a silver medal in the 4.0 Men’s Doubles with John Kusch, Abbotsford, BC.

Those of you who have played with or against this gentle giant will agree that Henry is a skilled, sharp athlete. He is disciplined and can be seen practising every day of the week. He shares his knowledge with others and is always willing to assist players at any level.

In the winter Henry and his wife, Rita enjoy travelling to the USA to play pickleball in the sun. He recently entered the Men’s Doubles, age 65-70 in the Palm Springs Senior Games and won a silver medal. On March 8th he will have competed in another tournament near Palm Springs at the Catalina Spa. Henry is entered with George Poole from Abbotsford, BC in the 4.0 Men’s Doubles.

What a great mentor for the sport of pickleball. We congratulate you Henry and wish you many more years of pickleball success. Pickle On!
What do a retired police sergeant and a retired math teacher have in common? It’s simple, the love for pickleball. A chance meeting between Wayne and Jude Halpert & Jules and Mary Kay (not the cosmetic queen) at Kingsville’s Senior Expo, last June, led to the creation of Kingsville Pickleball.

Both the Halpers and Kays first learned of the game while in Florida. Wayne and Jude were anxious to keep playing the game they learned in Winter Haven, Fl. Upon their return to Kingsville in the spring, they set up a makeshift net on their driveway and began playing pickleball with some of their neighbours. Soon they were up to eight people and they needed to take the game to the Kingsville Arena tennis courts. Taping the courts each time became quite a chore, so Wayne made his own rubber markers out of old car mats. Laying down the markers was a lot easier than taping the courts. After many years of playing squash, Jules and Mary were introduced to this funny named game while in Estero, Fl. Upon their return home to Kingsville in the spring, the Kays began playing indoor pickleball at the Leamington Kinsmen Recreation Complex. The trip to Leamington was only 11 Km from Kingsville but they thought how great it would be to start (Continued on next page)
Picklesball Canada Organization Official Newsletter

March 2014

(continued from previous page) pickleball in their own community. Then as fate would have it, the two couples met for the first time in June and have devoted much of their time promoting our great game. The Halperts and Kays convened with Kingsville Parks and Recreation Program Manager, Maggie Durocher, who in turn then set up a meeting with the tennis association. As a result of the meeting, approval was granted to replace the homemade rubber markers with permanent painted lines on the tennis courts (see “Kingsville Pickleball” on facebook for the pictures). What a momentous occasion! During the inaugural season, about fifty people came out to play, many of them getting introductory lessons, Wayne and Jules became members of Pickleball Canada and Ontario and Jules also joined the USAPA. Joining these organizations has given more credibility to Kingsville Pickleball and this season they will be encouraging more of their members to join PCO and PAO. Not only was Jules appointed President of Kingsville Pickleball (when asked for a volunteer to step forward everyone took a step backward except Jules. It must have been planned.), he also became the ambassador for PCO and USAPA with the mandate of promoting the sport throughout the community including introducing pickleball to various schools. Prior to leaving for Florida, last October, Wayne and Jules met with Maggie Durocher to discuss finding an indoor location for the winter months. Happy to announce that as of the middle of February an indoor pickleball court has been set up on the second floor in the Kingsville arena.

Kingsville and the surrounding area, encompassing Windsor and Essex County, are being promoted as an excellent place to retire. Kingsville is the most southern town in Canada, the area usually experiences a warmer climate, a longer growing season, first class wineries, lower housing costs and many places to play pickleball around Essex County. The Halpers & Kays have now set their sights on their next project... procuring the political and financial backing to construct a multi-use complex, geared to promoting pickleball and other sports to the community. Can’t wait to hear what they have planned. All of this happened in the last year. The Halperts & Kays have now been back in Florida since November of 2013. They have effectively embedded themselves in the local Pickleball community. American Pickleball players have been at this a lot longer than most Canadians and there is a lot to learn from them. Indeed, the Halperts have entered their first Pickleball competition and hope to bring that ‘tourney’ experience back to Kingsville. In Florida, the Kays can be found on the pickleball courts seven days a week. Teaching the game to newcomers, offering drills & skill development to many has become a labour of love for the Kays. This year, Jules organized the first pickleball tournament in his Estero, Fl community. In preparation for the tournament, referee clinics and preliminary round robin matches were held. The double elimination doubles tournament was held over two days. Approximately 150 people came out each day to watch the competition. Not only did Jules organize the tournament, he and his partner Gerry, from Tecumseh, ON, won it. In their Florida community, in Winter Haven, the Halperts were instrumental in starting pickleball and continue to encourage and teach others to play the game. Most of their time is spent playing pickleball in Winter Haven and Lakeland.

Many thanks to the Halperts and Kays for promoting, teaching and encouraging so many people to play pickleball. We look forward to hearing more great things from them. You can follow their exploits on the “Kingsville Picklers” Facebook page.
Upcoming Tournaments

1st ANNUAL KAMLOOPS PICKLEBALL TOURNAMENT
Hosted by Kamloops Pickleball Club
South Kamloops Secondary (John Peterson Campus)
March 22, 2014 - 9:00AM TO 4:00PM
Tournament format: Skill rated Doubles Round Robin.
Skill Levels: 3.0, 3.5, and 4.0+
Cost per team: $25.00
Entries can be by E-mail to: rossperkin@shaw.ca with cheques to follow,
payable to:
Kamloops Pickleball Club,
This tournament is accepting only doubles teams, but will try to place
individuals if they request.
For further information or questions, please contact Ross Perkin
250-318-1275.

OOMPPAPA BAREBONES TOURNAMENT
Saturday April 5, 2014 - 9:00am-9:00pm at 1st Lutheran Church School,
4091 Lakeshore Road, Kelowna
No prizes, no t-shirts, no lunch, nothing but bragging rights
75% full - Men’s doubles 9:00 – Noon 90% full - Ladies’
doubles Noon – 3:00 30% full - Team event 3:00 – 6:00
Waitlist - Mixed doubles 6:00 – 9:00 7 game guarantee in
each event Entry fee - $10 per doubles team, $5 per team
event player For more info and to register, email
coachdavefinancial@shaw.ca

In support of Ronald McDonald House in Toronto
SATURDAY MAY 10, 2014  9:00 AM – 4:00 PM
Registration & warm up  8:00 am – 8:45 am
Location:
Woodstock Badminton Club
310 Hunter St. Woodstock
Maximum players 64
Registration Deadline: April 21, 2014
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Categories – Women’s Doubles, Mixed Doubles, Men’s Doubles
Register early Registration $30 includes refreshments and snacks.
A tax receipt will be issued by Ronald McDonald House Toronto for the maximum allowable amount by the CRA.
Fill out registration form and waiver.
Make cheque payable to: Woodstock Badminton Club
Mail to:
Friendly Play Pickleball Tournament
in Support of RMH Toronto
c/o Woodstock Badminton Club
Woodstock, ON N4S 4E9
310 Hunter Street
Details at http://woodstockbadmintonclub.org
This is a fun tournament for Pickleball players of all skill levels
Tournament Ball: The Jugs lime green ball
Rules: International Federation of Pickleball
Official Tournament Rulebook Oct 2013

Fraser Valley Pickleball
Walnut Grove Classic May 16 & 17
Current IFP rules apply. PCO Sanctioned (Tier 4)
Info and registration available soon at: www.fraservalleypickleball.org

The Amsterdam International Tournament, May 16-18, 2014
See November 2013 newsletter for details

London Pickleball Club
2nd Annual Tournament May 31-June 1, 2014
May 31, 2014 Mixed Doubles
June 1, 2014 Men’s & Women’s Doubles
North London Optimist Community Centre, London, Ontario
No registration until March 2014. Contact Ken Twilley
pickleballlondon@gmail.com
4th Annual 2014 Saanich Recreational Pickleball Tournament  
June 13-15, 2014 at G.R. Pearkes Recreation Centre, 3100 Tillicum Road, Victoria, BC.  
Men’s Doubles, Women’s Doubles, Mixed Doubles, 65+ Mixed Doubles and Men and Women’s Singles.  
Current IFP rules.  
Check out more at victoriapickleball.blogspot.ca.  
Register at www.saanich.ca or 250-475-5400

The Bill Franzman Annual Co-Ed Round Robin Tournament  
Saturday, June 14, 2014  
Mount Boucherie School Gymnasium 2751 Cameron Road, West Kelowna.  
Registration forms and full details will be available soon.

Pickleball Canada National Open Championship  
July 4 - 6, 2014 at Abbotsford Recreation Centre  
Abbotsford, B.C.  
21 events including Men’s, Women’s Singles, Doubles and Mixed Doubles and Junior Doubles.  
Current IFP rules apply. PCO Sanctioned (Tier 1)  
For tournament registration info: www.pickleballcanada.org

COME CAMP AT CLUB SHUSWAP .  
2 day pickleball tourney in Salmon Arm July 12 & 13 th. RV sites are available near the clubhouse. More information to follow.

2nd annual 3.5+ Outdoor Pickleball Tournament  
Paddlewheel Park, Vernon  
July 26, 2014  10:00 - 3:00 (approx)  
7 games, 7 partners, 1 play-off game

Any player or group who would like to have their tournament advertised, please send request to: Denise at de.griffin@sasktel.net
**Prince Edward Island** held their 55+ Games in Stratford on March 5/14. We had 7 teams register and they are pictured above.

Gold Medals went to Tom and Bonnie Stewart of Cornwall, Silver went to Rosemary Matthews / Barb MacMillan and Bronze went to Bennett Tremere / Peggy MacKinnon. A great time was had by all!

Pickleball can now be played in the three locations of Stratford, Cornwall and Souris. *Submitted by Garth Matthews, PEI Ambassador*

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**Aging Sport Enthusiasts Keep Active with Pickleball in Manitoba**

David Sanderson, a reporter with the Winnipeg Free Press, recently interviewed pickleball players and wrote an excellent article in the Life and Style Section of the journal that showcases the benefits of this sport for aging sport enthusiasts at the Sturgeon Heights Rec Centre in Winnipeg.

'Pickleball may be popular among Winnipeg's senior set but don't be fooled into thinking it draws participants more used to the pace of shuffleboard or lawn bowling. Larry Ladyman, for example is a former Manitoba badminton champion who represented his province at the national championships multiple times during the 50's and 60's. "The first time I played (pickleball) I quit badminton and took this up instead--it's that good," says Ladyman. "I've also introduced it to my grandkids who are 19 and 12."

'In December 2012, Bonnie Gabbs a former competitive badminton player who was forced to quit due to injuries, attended an Active living Seminar at Seven Oaks General Hospital's Wellness Institute. She was introduced to pickleball. "Last week I wore a
pedometer (while I was playing) and by the time I was done it read 17,680 steps", boasts Bonnie, who now plays 3 hrs. a day, 3 times a week at Sturgeon Heights Community Centre.’ In one year her cholesterol and blood pressure are down and her mental health improved.

‘St. Vital city councillor Brian Mayes, has also recently taken up pickleball. Introduced last summer at Jonathan Toews Community Centre outdoor courts, he hopes to have pickleball lines painted on tennis courts in his end of the city. One of his objectives is to stage an outdoor tournament in the courtyard at City Hall with a portable net and challenge the Mayor "to play me in a game or two."

'Another familiar face at Sturgeon Heights is Steve Meszaros, a Manitoba Sports Hall of Fame inductee for his accomplishments in soccer. Meszaros also plays pickleball along side his wife at Norberry-Glen Lee Community Centre a couple of times a week. For more information on where to play pickleball in Winnipeg, contact Steve Meszaros at skmeszaros@hotmail.com'

(adapted from Winnipeg Free Press, Life and Style Section, March 1, 2014 by David Sanderson)

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**Rose Bowl of Pickleball**

Competitive pickleball is alive and well in the Fraser Valley/Lower Mainland of BC.

Fraser Valley Pickleball held their 2nd tournament March 7, 8, & 9 at Rosedale Traditional Community School with singles, doubles and mixed doubles events. The Rose Bowl was a Pickleball Canada Organization Tier 4 sanctioned tournament. PCO tournament points were awarded to all medal winners and will be recorded by Pickleball Canada Organization.

The Tournament Committee was very pleased with the turn out and spirit of play. Over 80 pickleball players from Penticton, Vancouver, Vancouver Island, Sunshine Coast, Fraser Valley areas and Washington, USA travelled to the small community of Rosedale in the Fraser Valley just east of Chilliwack to participant. Skill levels from 3.0 to 5.0 were represented.

The next Fraser Valley tournament will be held in Walnut Grove "The Walnut Grove Classic" - on May 16 & 17 at the Walnut Grove Community Recreation Centre in Langley, BC.

For results from completed tournaments and registration information for future tournaments Visit the Fraser Valley Pickleball web site at: [www.fraservalleypickleball.org](http://www.fraservalleypickleball.org)

For PCO tournament points acquired at Fraser Valley Pickleball tournaments follow the web page at: [www.fraservalleypickleball.org](http://www.fraservalleypickleball.org)

*See the next page for the results of the Rose Bowl tournament.*
## Fraser Valley Pickleball Tournament Results
### The Rose Bowl at Rosedale, BC

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<tr>
<th>Men's Singles 3.0 Playoffs</th>
<th>Mens Doubles 4.5 Playoffs</th>
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<tr>
<td>Mark Beynon</td>
<td>Marco Jankowiak - Andrew McKimmon</td>
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<td>Samuel Brittain</td>
<td>Ken Franz - Gene Latray</td>
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<td>Brayden Latray</td>
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<th>Mixed Doubles - Playoffs 3.5,3.0</th>
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<td>Tom Windt</td>
<td>Ashley Chang - L Yeo</td>
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<td>L Yeo</td>
<td>Lin Buckler - D'Arcy Windblad</td>
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<td>Rob Forde</td>
<td>Kas Ingwersen - Mark Dana</td>
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<td>Ken Franz</td>
<td>Karen Sawatsky - Ken Franz</td>
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<td>Andrew McKimmon</td>
<td>Evelyn Kaatz - Mike Bellis</td>
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<td>Glenn Cho</td>
<td>Faye Oakes - Lorne Strumecki</td>
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<td>Brian Lam</td>
<td>Elaine Lerner - Marco Jankowiak</td>
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<td>Marco Jankowiak</td>
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<td>Brian Gaudet</td>
<td>Roberta Meakin - Pete Neumann</td>
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<td>Isaiah Brittain - Jaewon Kim</td>
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<td>Mark Dana - Ben Penner</td>
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<td>Gordon Griffin - Wes Bergen</td>
<td>Trudy Pitcher - Dee Pitcher</td>
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<td>Jerry Reimer - Keith Rudance</td>
<td>Debby Holley - Patricia Khan</td>
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<td>Dennis Fuhrman - Richard McKinley</td>
<td>Terri Welch - Pam Hollo</td>
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<td>Phil Morgan - Lorne Strumecki</td>
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Congratulations EDCC (East Dartmouth Community Centre) Pickleball Club
Fourth Club Signs Up for PCO Club/Group Membership
Great news! Pickleball Canada would like to welcome 38 members of EDCC Pickleball Club of
Dartmouth, Nova Scotia as members of the Fourth Affiliated Club. Thank you EDCC
Pickleball Club for joining Pickleball Canada, your National governing body.
Submitted by Shirley Shepherd

Congratuations Fraser Valley Pickleball
Fifth Club/Group Signs Up for PCO Club/Group Membership
Great news! Pickleball Canada would like to welcome 51 members of Fraser
Valley Pickleball of Fraser Valley, B.C. as members of the Fifth Affiliated Club. Thank you
Fraser Valley Pickleball for joining Pickleball Canada, your National governing body.
Submitted by Shirley Shepherd

Please re-new or join PICKLEBALL CANADA
Membership application form is available on the web site. Completed form and payment can be
mailed to:

PICKLEBALL CANADA ORGANIZATION
10823 – 82 AVENUE, EDMONTON, ALBERTA, T6E 2B2

MEMBERSHIP RATES FOR PICKLEBALL CANADA
New/re-new membership rates are:
One year $12.00
Three years $32.00
Five years $50.00

Club Group Rates available (20 members min.), contact: president@pickleballcanada.org
PCO now has 900 members.
The drive is to 1000 by December 31, 2014

Great News !!!
Pickleball Canada is very pleased to announce that our Membership number is 900 !!! We look forward to reaching 1000 members soon!

From Your PCO Rules Guru
Question:
I need clarification on backhand serves. Can a backhand serve as typically used in table tennis be considered acceptable when playing pickleball?

Answer:
There is no distinction in the rules between a forehand or backhand serve.

As long as the arm is moving in an upward motion and contact with the ball is made below the waist, with the paddle head below the wrist, then the serve is legal.

4.A. Serve Motion. The serve must be made with an underhand stroke so that contact with the ball is made below waist level (waist is defined as the navel level).

4.A.1. Underhand Defined. The arm must be moving in an upward arc and the paddle head shall be below the wrist when it strikes the ball (paddle head is that part of the paddle excluding handle). The highest point of the paddle head cannot be above any part of line formed where the wrist joint bends).

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