President's Message - Shirley Shepherd

2014 A Banner Year for Pickleball Canada Organization

2014 has been a year of great successes for PCO. We are extremely grateful to share these milestones with you. Pickleball is increasing its popularity all over Canada with increased number of new players, clubs/groups, places to play, pickleball courts, Ambassadors, members, tournaments etc.

PCO's Accomplishments in 2014:

PCO Memberships: increased from about 700 in 2013 to 1760 members in 2014.

Sanctioned tournaments: increased from four in 2013 to ten PCO Sanctioned tournaments in 2014.

Club Memberships: increased from two in 2013 to fifteen Club Memberships in 2014.

Places to Play Pickleball:

Canada has about 290 Places to Play. B.C. has 109 Places to Play. Ontario has 140 Places to Play.

Pickleball Courts: There is an estimated 710 pickleball courts in Canada. Many clubs/groups have added new dedicated courts and/or pickleball lines painted on tennis courts.

Pickleball players: Canada has a total estimated 14,135 pickleball players (Calculated@20/court) in December, 2014. B.C. has an estimated 7,563 players. Ontario has an estimated 5,673 players.

PCO Tournament Points: a large increase in the number of players with Tournament Points due to an increase in PCO sanctioned tournaments.

Affiliated Clubs, Groups and Associations: Fifteen pickleball clubs and groups have joined PCO as Affiliated Clubs across Canada.

Ambassadors: PCO’s new Provincial Ambassador for Quebec: Claude Gauthier has formed the Quebec Pickleball Association. The number of Area Ambassadors has also increased all over Canada. (continued on next page)
All in all, 2014 has been a great year for PCO and with your continued support we look forward to continued success in 2015!

**Updates on IFP and USAPA:**

The International Federation of Pickleball (IFP) website http://ipickleball.org has IFP Rules in Spanish translation: Rules (Spanish) and it has recently included French and Chinese translations: Rules (Chinese) or Rules (French).

USAPA's website has listed all Ambassadors in the USA & Canada by State or Province and also five Ambassadors in Mexico and an Ambassador in Puerto Rico:

**JA - Jalisco State - Lyall Harrison & Michele Nava for Puerto Vallarta**

**SO - Sonora State - Ian Vowles for San Carlos Nuevo Guaymas**

**BN - Baja California North - Dee Turner for San Felipe**

**BS - Baja California Sur - Steve Herter for Los Barriles**

**SM - Southwest Mexico - Tom Starrs of Tucson**

**PR - Puerto Rico - Scott Nelson of Central Florida**

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**Small Town Pickleball Enthusiasts**

Pickleball is becoming a popular pastime in small towns across Canada. Maybe people in big cities are busy with all the opportunities city living affords them. Small town PCO Ambassadors are doing an amazing job of promoting pickleball with demos and lessons. Some of these small towns are new to me and therefore a lesson in Canadian geography.

A few of the latest additions:

- Westlock, Alberta 5,000 pop.
- St. Andrews, New Brunswick 2,000 pop.
- Enderby, British Columbia 5,000 pop.
- Powell River, British Columbia 13,000 pop.
- Halfmoon Bay, British Columbia 26,000 pop.

Submitted by Shirley Shepherd, PCO President

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**PARC Serves Up Pickleball Decision**

*By Sean McIntyre on December 17, 2014 [http://gulfislandsdriftwood.com/sports/parc-serves-pickleball-decision/#.VJ2zJ3kA]*

Parks and Recreation Commission members drew the line Monday evening in an ongoing court war that’s split racket sport enthusiasts on the Vancouver Island. Commissioners voted unanimously to let Salt Spring Pickleball Association members paint lines for two permanent pickleball courts on a public tennis facility in the Burgoyne Valley.

The decision comes amidst strong opposition from the Salt Spring Tennis Association, which has denounced the plan on grounds that new lines will confuse tennis players.

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**IFP Rules Translated in Several Languages**

The International Federation of Pickleball, the international governing body for pickleball, recognizes that the sport of pickleball is spreading world wide. The website now offers a link to the IFP Rules in Chinese, Spanish and French. The Chinese version was created by a group of players in Ontario.

Web site [ipickleball.org](http://www.ipickleball.org)

Be sure to check out Claude Gauthier’s web site and the newsletter of the Association Quebecoise de Pickleball for the latest news from our Quebec pickleball players.
This month Pickleball Canada Organization would like to showcase, Andrew McKimmon who has earned 6400 tournament points in 2014. #1 in Canada.

I started playing Pickleball in February 2012 shortly after my friend Brandon suggested that I stop by the Abbotsford Recreation Center and check out the drop-in session for Pickleball.

“Pickleball???”

My face contorted, like almost every other person’s face that I have told about the sport, into a confused expression. He chuckled and quickly gave me the Cole’s notes version of the game. I was intrigued and decided to attend one of the sessions. Ever since, I have been addicted to that perforated green pill.

The passion for the game has led me to play in many different venues and against players of all ages and skill levels. Pickleball is a sport that allows players to use the skill sets they have learned in other racquet and team sports. My racquet background is in playing badminton, tennis, racquetball, squash and now Pickleball. I should also mention volleyball since all those countless hours of diving practice have allowed me to safely sprawl out after balls that are just out of reach.

When I first started playing tournaments in 2012, I quickly learned that there was a lot of room for improvement in my game. With a desire to improve, I sought out where and when the toughest local opponents played so that I could sharpen my game by playing against them. I spent hours watching the shots and the strategies that they used to win their matches and tried to use my insights to my advantage in my own games.

Tournament play this year has given me the privilege to play with some great partners including Marco Jankowiak, Dave Touchet, Binu Brar, Theresa Orcutt and Fion Chou. Along with these great partners have come many great opponents. Pitcher and Bellis always step on the court as formidable opponents as the battle between the mainland and the island continues. In the last couple years, the games against these islanders have often been the highlight of my tournament.
Another highlight of this year was when I was asked to join a group that came to be known as Fraser Valley Pickleball. We organized, promoted and ran several PCO sanctioned tournaments this year. Numbers of players and enthusiasm for the game increased with every tournament we offered.

What a year of Pickleball! I participated in ten tournaments this year from the Rosebowl in Rosedale all the way down to the Seatac Skills tournament in Seattle. Tournament and drop-in play has allowed me to meet a community of new people who share a passion for the sport I love. In December, I finished the year by flying to Phoenix where I played in daily round robin tournaments against seasoned 4.5 and 5.0 players from several local parks. These players taught me that Pickleball can be more than a game; it can be a lifestyle.

15 REASONS FOR 2015 WHY PICKLEBALL IS SO MUCH FUN

1. It’s a great way to avoid the "Honey do List".
2. Something to do with your wife/partner rather than...
3. It’s a great pick-up spot for singles or singles-again.
4. It keeps the reflexes sharp if we had any to start with.
5. It’s a chance to check out the "eye candy".
6. It’s better than playing in the snow.
7. It gets me out and about with other people who love to make up these lists.
8. I get to go shopping for pickleball clothes and shoes and paddles. Can you ever have enough paddles?
9. It’s the only game I know where there is so much laughter on the courts and benches.
10. I like the name of "Pickle" for a dog.
11. I like watching people’s reactions when I say that I play a game called, "pickleball".
12. I don’t have to see my doctor so much.
13. I have a whole new wardrobe.
14. I’ve become acquainted with body parts I never knew I had!
15. It ’s a great stress reliever for the pent-up stress from the "Honey Do List". See above.

Happy New Year from some pickleballers at Port Perry Pickleball Club.
Upcoming Tournaments

**Peachland Winterlude Pickleball Tournament**
Saturday January 31/2015
8:00 am to 7:00 pm
at Peachland Recreation Centre BC.
4446 - 6th Street
Skill rated. PCO Tier 4 Sanctioned Tournament
Lunch provided. Entry prizes. Medal presentation
Directors: Mike Carter and Ray Timbers.

**2nd Annual Fraser Valley Pickleball Rosebowl Tournament**
February 20-22, 2015
At Rosedale Traditional Community School
50850-Yale Road, Rosedale, BC
PCO Sanctioned Tier 3 - Skill rated - IFP Rules Apply
Singles, Doubles and Mixed Doubles Events
$30 Registration $10/event – lunch provided
Saturday Nite Social – Mandarin Gardens, Chilliwack
Registration and tournament details www.fraservalleypickleball.org

**Registration Deadline Midnight February 6**

**FIRST ANNUAL (Read more on page 10)**

**Puerto Vallarta Tropical Pickleball Tournament**
March 11-15, 2015
Tournament Venue
The Sheraton Buganvillas Resort & Convention Center
Blvd. Francisco Medina Ascencio. No. 999, Zona Hotelera Las Glorias, 48333 Puerto Vallarta, Jalisco, Mexico

Book your hotel stay with us: [www.PickleballPuertoVallarta.com](http://www.PickleballPuertoVallarta.com)
Entry Fee
US$ 60 and $10 for an additional event
USAPA members receive a $10 discount
Register now: [www.PickleballPuertoVallarta.com - "Player Registration"

**Vernon Pickleball Club Indoor Charity Tournament**
Saturday, March 28, 2015
At Priest Valley Gym, 3310 37th Ave, Vernon, BC
Vernon Pickleball Club has chosen to support the Vernon Hospice House and the Cancer Society in a Women's, Men's and Mixed Doubles Tournament.
Schedule: Women's and Men's Doubles in the morning. Mixed Doubles in the afternoon.
Registration forms and tournament details to follow. Inquiries contact: [vernonpickleballclub@gmail.com](mailto:vernonpickleballclub@gmail.com) Cheri, Vernon Pickleball Club 250 545-5864
**Nanaimo Pickleball Tournament, Nanaimo, B.C.**
May 1, 2 and 3, 2015.
Mens and Ladies Singles, Doubles and Mixed doubles.
This will be a ranked tournament. [http://nanaimopickleball.org](http://nanaimopickleball.org)
PCO Sanctioned (Tier 4) IFP rules Apply

**Pickleball Kelowna Indoor Spring Tournament**
Saturday, May 9, 2015
Location: Kelowna Secondary School
1079 Raymer Avenue
Kelowna B.C. V1Y 4Z7
Name of Tournament Directors: Dale Charlton, Ray Timbers & Gilbert Guenette
e-mail address: DCharlton@sinclairdental.com <DCharlton@sinclairdental.com>
Phone: 250-878-8791
PCO Sanctioned (Tier 3) IFP rules Apply

**KAMLOOPS OPEN PICKLEBALL TOURNAMENT**
May 30-31, 8:30 am to 5:00pm
MacDonald Park Kamloops
Tournament Director: Ross Perkin, rossperkin328@yahoo.ca 250-318-1275
Tournament will use IFP rules and all participants will be expected to sign a PCO waiver
Format: Double knockout (2 of 3 main draw, games to 15 in back draw)
Events: Men’s Doubles, Ladies Doubles, Mixed Doubles (Men’s and Ladies Saturday, Mixed Sunday)
Categories: 3.0, 3.5, 4.0 plus
PCO Sanctioned (Tier 4) IFP rules Apply
Lunch will be provided each day and all participants will get a gift.
Registration fee: 1 event $35, 2 events $50

**2015 Pickleball Canada National Eastern Open Championship**
to be held in the Manulife Financial Sportsplex and Healthy Living Centre at RIM Park in Waterloo, Ontario on July 10th, 11th and 12th, 2015.
PCO Sanctioned (Tier 1) IFP rules Apply

**2015 Pickleball Canada National Western Open Tournament**
to be held in Kelowna, B.C. on July 10th, 11th and 12th, 2015.
PCO Sanctioned (Tier 1) IFP rules Apply
*See page 7 for details*

Any player or group who would like to have their tournament advertised, please send request to: Denise at de.griffin@sasktel.net
Pickleball News Coast to Coast

Kelowna Seniors Enjoy Fun and Fellowship

Here is a group photo of the 33 smiling pickleball players who attended the Pickleball Dinner Friday, Dec 12th. Only one other person arrived too late for the photo, so there were actually 34 who sat down for dinner. We are very fortunate that the current President of the Rutland Seniors Activity Centre, June Padley, is a big supporter of Pickleball (use to play but can no longer) and would you believe she prepared this dinner for everyone. We had lasagne, ceasar salad, a big bowl of chilli, fresh bread, lemon meringue pie and coffee all for only $5.00. Great Food and Fantastic Value.

PCO Assistant Area Ambassador Powell River, B.C.

We are very pleased to announce that Vivian Thickett has been appointed as Pickleball Canada’s Assistant Area Ambassador for Powell River, B.C. The pickleball group has been playing for about a year and a half and they now get up to 30 people coming out to play 3 times a week. Vivian is a fitness programmer and BCRPA instructor at the Powell River Recreation Complex with 4 indoor courts and 2 outdoor courts. They are planning a first tournament on January 17th. Thank you Vivian for promoting Pickleball in Powell River,
I'm in Spain and making some good progress promoting pickleball. I wanted to let you know that we recently finished the September Spain Pickleball Tours and had a great time so I've decided to keep them going in 2015. The following are the 2015 dates.

Join Us on a 9-day Pickleball Tour to Spain
Experience a behind-the-scenes look into Spain's rich history and culture combined with a chance to play pickleball with the locals almost every day of the tour.

4 Tours Scheduled for 2015

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<thead>
<tr>
<th>Month</th>
<th>Dates</th>
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<tr>
<td>May</td>
<td>19-27 2015</td>
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<tr>
<td>June</td>
<td>4-12 2015</td>
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<tr>
<td>June</td>
<td>19-27 2015</td>
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<td>September</td>
<td>19-27 2015</td>
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Check-out the Web site and view photos and video from 2014
www.vivapickleballtours.com

International Places to Play Pickleball
http://www.usapa.org/places-to-play-pickleball
ABW (Aruba), STA CRUZ # 56, STA. CRUZ, ABW
GBR (Great Britain) -
  Bunyan Leisure Center, Beford, GBR,
  Kidlington & Gosford Leisure Centre, Kidlington, GBR,
  Kirkley Community Sports Centre, Lowestoft, England
  Waveney Sports Centre, Lowestoft, England
GRC (Greece) - Vritomartis nudist resort, Chania, GRC
MEX (Mexico) -
  El Sargento, BCS
  Canto del Sol Tennis Club, Puerto Vallarta, MEX
  Loma del Mar, San Carlos, MEX
  San Carlos Gym, San Carlos, Sonora, MEX
  El Dorado Ranch Pickleball Club, San Felipe, Mexico
GTM (Guatemala) San Andreas, Sajcabaja, GTM
A TROPICAL DESTINATION
(See the tournament page 5 for more tournament detail)

Puerto Vallarta has some of the most beautiful beaches in the world!

Airport
PVR Gustavo Diaz Ordaz International Airport

Adopt-a-School Program
Not only are we indulging in the beauty and aura of Puerto Vallarta, but we are also leaving a lasting legacy in the community by introducing our amazing sport to middle schools and high schools throughout the city. We are having companies and individuals (or groups of individuals) sponsor a school, and through this sponsorship we are supplying paddles, balls, a net, and will be painting lines on their courts to allow them to practice and fall in love with Pickleball in the same manner we have. During the 3 days leading up to the tournament play dates (March 8-10) we’re inviting you to join us as we travel throughout the city to our sponsored schools, playing and teaching the students the game.
We decided since we have been blessed in our lives we don’t want to merely take, therefore, we are asking and inviting you to join us as we give back to the community from which we will be indulging, and help us prove their community with a new and healthy way of life. When we leave after our tournament there will be middle school and high school Pickleball tournaments throughout the city and we are excited to be a part of influencing this lasting change to the region! Come join us! www.PickleballPuertoVallarta.com - “Giving Back”

Tournament Regulations
All USAPA rules will apply
Limited registration, so register early!
QUOTE TO LIVE BY...
"The idea is not to block every shot. The idea is to make your opponent believe that you might block every shot.”
Charles Barkley (1963- ) U. S. Basketball player
Source: www.dontquoteme.com in Monday, Jan. 05, 2015 edition of Toronto Star, p. GT7
Submitted by Carol Doughty

PCO now has 1760 members. The drive is to 3000 by December 31, 2015

Please re-new or join PICKLEBALL CANADA
Membership application form is available on the web site. Completed form and payment can be

PICKLEBALL CANADA ORGANIZATION
10823 – 82 AVENUE, EDMONTON, ALBERTA, T6E 2B2

MEMBERSHIP RATES FOR PICKLEBALL CANADA
New/re-new membership rates are:
One year $12.00
Three years $32.00
Five years $50.00

Club Group Rates available (20 members min.), contact: president@pickleballcanada.org
Your Board Of Directors
Shirley Shepherd, President
president@pickleballcanada.org
Shirley Shepherd, Secretary
shirleyshepherd@shaw.ca
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Bill Furse, Director at large bfurse@sympatico.ca
Dave Shepherd, Director at large
dwshepherd@shaw.ca
Jim Wood, Ambassador Committee Chair
jimwood@shaw.ca

Indoor pickleball has become very popular during the winter months. We recently received this question: "Is there a ceiling height restriction for the indoor pickleball court? Answer: Indoors, if you have a 20’ ceiling height, it should be fine. A 25’ ceiling height is recommended. This is not an IFP rule.

QUOTE TO LIVE BY...
"The only difference between a good shot and a bad shot is if it goes in or not!"
Bill Russell (1934- ) U. S. Baseball player
Source: www.dontquoteme.com in Monday, Jan. 05, 2015 edition of Toronto Star, p. GT7
Submitted by Carol Doughty

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